# Featured Blog: The Legal Zone (Season 1, Episode 8) – Grief and How to Deal with it this Holiday Season and Beyond?



Attorney Regina Campbell, of the Campbell Law Group, leads an informative and engaging conversation with South Florida Psychologist, Dr. Teddy Tarr, regarding

# FIRM NEWS

Check out pictures from our Holiday Happy Hour below!

<u>Campbell Corner Podcast</u>
\*\*New Podcast Launch\*\*

Campbell Corner Podcast
The Campbell Corner
podcast is designed to
discuss current events,
knowledge and interest of
various local and national
leaders, professionals, and
business owners.

Watch our third episode introducing South Florida immigration attorney, Ms. Deirdre Nero, here.

Our upcoming guests are:

grief and bereavement during the holidays and beyond.

The Campbell Law Group P.A. while representing clients whether in civil, corporate, commercial, employment, or family law matters, our company's primary goal is first to help clients minimize the need for unnecessary litigation and conflict where possible. If litigation is necessary, our company is more than capable of representing you or your business' interest and helping you achieve a fair outcome while guiding you, your family and your company through the difficulties involved in litigation.

**READ MORE** 

- Mr. Paul Garcia,
   CPA/CFF, CVA, a
   prominent South Florida
   accountant.
- Ms. Mireia Carrillo, an Executive Producer at Univision & NBC Universal.

# NEW PODCAST EPISODE The Legal Zone

How to Manage Inflation &
Supply Chain Concerns
within your Business
Tune into January's
podcast

Award
The International Society of
Female Professionals
invites The Campbell Law
Group, P.A. with a
Professional Group
membership.

### **RECENT BLOGS & VIDEOS**

## Business Litigation 101: Understanding the Discovery Process

The old adage "knowledge is power" couldn't be more true in the case of litigation. When you're dealing with a business dispute or other civil lawsuit, the information at your disposal can make all the difference. That's where the discovery process comes in handy. "Discovery" refers to a set of tools used in litigation to prepare both parties for trial.





## The Status of the Dept of Labor's (DOL) Joint-Employer Rule and Biden's Employment Law Agenda

Right after Joe Biden took office as the 46th President of the United States we wrote a blog post detailing expected changes in employment law with the new administration. This blog post is a follow-up to our first post; we'll discuss the change in rules that have been implemented and what's still to come.

**READ MORE** 

# How to Series: How to Talk to Your Kids About Vaping

Attorney Regina Campbell gives parents some tips on how to attempt the seemingly impossible task of talking with their kids about vaping.

WATCH VIDEO





## **NEW Upcoming Podcast:**

Tune in to January's podcast to listen to our managing attorney speak about how to Manage Inflation and Supply Chain Concerns within your Business.

#### **Last Podcast:**

On December 15, 2021, our Managing Partner, Regina Campbell, Esq., released The Legal Zone's new episode: "Interview with Dr. Teddy Tarr on Grief & How to Deal with it this Holiday Season & Beyond?". This episode details how individuals such as parents or guardians can handle grief during this holiday season and beyond.

Below are Dr. Teddy Tarr's key pieces of advice on dealing with grief:

- 1. Grief Management: Grief is managed over time by both children and adults. Grief hits you when you least expect it—it can even hit you after years during the holidays.
- 2. Intrusive Memories: During the holidays, intrusive memories are part of the biggest problem. You remember every holiday you ever had with that person, and you realize that you are all alone.
- 3. Supportive Partners: Do not expect someone to support your bereavement. Pick out someone whom you can talk to, without having the expectation of them fixing the issue.
- 4. Battlefield Mindset: You need to say to yourself: "I am going to surrender myself to the fact that I've got a battle going on. I have lost this person; it is time to identify what they meant to me. It is important to understand and feel what I have lost."

To learn more, you can view the full episode here!



#### **Campbell Corner**

In this Episode, the Host of the Campbell Corner, Regina Campbell, Principal Attorney of the Campbell Law Group, PA has an intriguing and entertaining conversation with South Florida immigration attorney, Deirdre Nero, regarding changes in policy from one administration to the current one and throughout the pandemic. Additionally, and just as important, the two discuss Deirdre's role with the National Alopecia Areata Foundation.

For more information, you can view the full episode <a href="here">here</a>!

#### **Events**

#### Our Holiday Happy Hour 2021!

On December 3, 2021, we celebrated our annual Holiday Happy Hour with our loved ones and friends of the firm. We thank all those who attended and hope you have a safe and wonderful holiday season!











































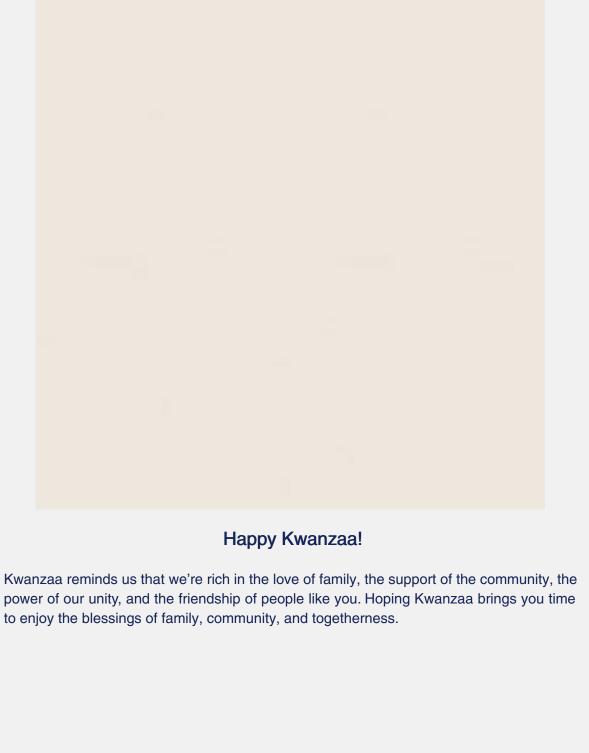
#### Commemorating Pearl Harbor Remembrance Day!

This year marks the 80<sup>th</sup> anniversary of Pearl Harbor Attack. On Pearl Harbor Remembrance Day, we honor those brave men and women who were willing to make the ultimate sacrifice to protect and defend our values at a pivotal time in history.



#### Merry Christmas!

Christmas is a time for family, food, and fellowship. It's people like you that make Christmas a wonderful, meaningful occasion. We wish you nothing but the best that the season has to offer.





#### **Prior Newsletters**

January 2021 February 2021 March 2021 April 2021 May 2021 June 2021 July 2021
August 2021
September 2021
October 2021
November 2021

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400 University Drive, Suite 100 Coral Gables, FL 33134